

Monday June 18, 2018

John Moores Delicatessen and Caterers 678 Motor Parkway

Hauppauge Phone 631-234-7144/ Fax 631-234-3866

Johnmooresdeli.com

Hot Food

All platters are served with your choice of white rice, vegetable rice, brown rice, corn nibs, black beans, vegetables, or homemade mashed potatoes Served on a roll \$6.49 or a hero \$7.49 Served on a small platter \$6.99 and large platter \$8.25 without a side sm \$7.49 lg \$11.99 add a small tossed salad for \$3.49 with choice of dressing

**Stir Fry Chicken**

**Chicken with assorted vegetables in a teriyaki sauce**

**Meatball Parmesan**

**Homemade meatballs in a tomato sauce with melted mozzarella cheese**

**Chicken Stuffed With Broccoli And Cheese**

**Chicken breast rolled and breaded and stuffed with broccoli and cheddar cheese**

**Eggplant Parmesan**

**Eggplant in a homemade red tomato sauce with mozzarella cheese**

**Boneless Buffalo Chicken**

**Boneless white meat chicken in a spicy wing sauce**

**Chicken Parmesan**

**Chicken cutlets in a homemade red tomato sauce with mozzarella cheese**

**Grilled Herb Chicken**

**Grilled chicken in our own homemade balsamic herb sauce**

Soups of the Day

**Chicken Noodle, Rice or Vegetable**

\$2.99 \$3.79

**Homemade Beef or Chicken Chili**

\$3.99 \$4.99

**RICE PUDDING**

\$3.99

**COBB SALAD**

**Iceberg Lettuce, Crumbled Bleu Cheese, Red Onions, Hard Boiled Eggs and Chopped**

**Bacon**

\$13.99

**WE NOW HAVE FRUIT SALAD**

6.99LB

On Menu Everyday

**Chicken or steak Quesadillas**

**Grilled chicken or Steak (choice of blackened, jerk or herb) with peppers, onions, Monterey jack cheese and cheddar cheese salsa and sour cream**

**on side**

\$8.99

**12-STEAMED CHICKEN OR**

**PORK DUMPLINGS \$7.99(**

**SHRIMP \$9.49) with teriyaki or general Tso sauce**

**GYRO'S**

**Chicken or beef with lettuce, tomatoes, red onions with yogurt sauce on a pita**

\$7.49

**SPINACH SALAD**

**Baby spinach leaves, bacon, red onion, hard boiled eggs, fresh mushrooms**

\$9.99

We specialize in catering for all occasions

*Wraps of the Day*

**MY BROTHER REUBEN**  
**Chickrn cutlet,swiss cheese,cole slaw,russian dressing**  
\$7.99

**I LEFT YOU A TICKET!!**  
**honey maple turkey,alpine lace swiss cheese,lettuce,tomato and spicy ranch**  
\$7.99

**SHE'S OUTSIDE**  
**Honey maple turkey,cheddar cheese,lettuce,tomato,bacon,avocado with spicy ranch dressing**  
\$8.49

**THANKS BROTHER**  
**egg salad with bacon,lettuce,tomato**  
\$7.25

**MY FAVORITE**  
**Eggplant breaded ,fresh mozzarella,Roasted Red Peppers,Romaine Lettuce And Balsalmic Vinaigrette Dressing**  
\$7.25

**THE FELIX**  
**Bonless buffalo chicken breast in our wing sauce ,monterey jack cheese,red onions,lettuce,tomato,avocado with our ranch dressing**  
\$8.49

**YOUR STILL HERE**  
**Chicken salad melted cheddar cheese,lettuce,tomato**  
\$7.59

**THE GUADALUPE**  
**Grilled Chicken Fresh Mozzarella And Sautéed Spinach,Peppers And Onions With A Balsalmic Vinaigrette Dressing**  
\$8.49

**THE GRANT**  
**Grilled roast beef,saute'ed onions,melted mozzaella cheese,lettuce,tomato,garlic with spicy ranch**  
\$7.99

**THE FOXY FOX**  
**Smoked Turkey Lettuce,Tomato,Bacon,Avocado and spicy ranch**  
\$8.49

**THE CHRIS PAIN**  
**Turkey burger melted monterey jack cheese,romaine lettuce,avocado (dont forget the avocado) with spicy mayo**  
\$6.99

**Caesar Wrap**  
**Grilled chicken breast,crispy romaine lettuce and shredded parmigiano cheese with our own caesar dressing**  
\$7.49

**THE ALPPS**  
**virginia ham,alpine lace swiss,lettuce,tomato,and spicy brown mustard**  
\$7.60

**THE SHAPIRO**  
**bread eggplant,turkey,lettuce,cole slaw with honey mustard**  
\$7.49

**THE TUOZZO**  
**Turkey american cheese,avocado,roasted peppers,lettuce and ranch**  
\$8.49

**WHERE'S TOM**  
**breaded chicken cutlets,sour cream,salsa,lettuce,peppers,onions with spicy ranch dressing**  
\$7.99

**GREEK WRAP**  
**Grilled chicken breast,feta cheese,romaine lettuce, peppers and onions and black olives with our greek dressing**  
\$7.99

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*New Specialty Items*

*Veggie burger or Turkey burger  
burger served on a whole wheat roll with  
lettuce, tomato, onions  
\$6.99*