

Monday March 19, 2018

John Moores Delicatessen and Caterers 678 Motor Parkway

Hauppauge Phone 631-234-7144/ Fax 631-234-3866

Johnmooresdeli.com

Hot Food

All platters are served with your choice of white rice, vegetable rice, brown rice, corn nibs, black beans, vegetables, or homemade mashed potatoes Served on a roll \$6.25 or a hero \$7.25 Served on a small platter \$6.99 and large platter \$8.49 without a side sm \$7.49 lg \$11.99 add a small tossed salad for \$3.49 with choice of dressing

Fresh Turkey in Gravy

All white meat, fresh turkey breast in homemade gravy

Keilbasa with saurkraut

Keilbasa slowly cooked with saurkraut

Chicken Stuffed With Broccoli And Cheese

Chicken breast rolled and breaded and stuffed with broccoli and cheddar cheese

Meatball Parmesan

Homemade meatballs in a tomato sauce with melted mozzarella cheese

Boneless Buffalo Chicken

Boneless white meat chicken in a spicy wing sauce

Chicken Parmesan

Chicken cutlets in a homemade red tomato sauce with mozzarella cheese

Grilled Herb Chicken

Grilled chicken in our own homemade balsamic herb sauce

Soups of the Day

Seafood Bisque

\$3.99 4.99

Beef Barley Or Beef Barley With Noodles

Chicken noodle, Rice or Vegetable

\$2.99 \$3.79

Cream of Broccoli

Cream Of Potato with bacon

Split Pea W/Ham

\$3.59 4.49

Italian Style Chicken Soup (Acini

Pasta, parm Cheese)

\$3.25 3.99

Homemade beef or chicken chili

\$3.99 \$4.99

On Menu Everyday

Chicken or steak Quesadillas

Grilled chicken or steak (choice of blackened, jerk or herb) with peppers, onions, monterey jack cheese and cheddar cheese salsa and sour cream on side

\$8.99

STEAMED CHICKEN OR PORK DUMPLINGS \$7.99 (SHRIMP \$9.49)

(12) with teriyaki or generals tso sauce

Flounder fillet

Homeade Fresh Fried Flounder on a roll with lettuce, tomato, tarter sauce

\$7.49

SHRIMP PARMESAN HERO

Homemade Fried shrimp topped with melted mozzarella cheese, tomato sauce

\$12.99

We specialize in catering for all occasions

Wraps of the Day

MY BROTHER REUBEN
Chickrn cutlet,swiss cheese,cole slaw,russian dressing
\$7.99

I LEFT YOU A TICKET!!
honey maple turkey,alpine lace swiss cheese,lettuce,tomato and spicy ranch
\$7.99

SHE'S OUTSIDE
Honey maple turkey,cheddar cheese,lettuce,tomato,bacon,avocado with spicy ranch dressing
\$8.49

THANKS BROTHER
egg salad with bacon,lettuce,tomato
\$7.25

MY FAVORITE
Eggplant breaded ,fresh mozzarella,Roasted Red Peppers,Romaine Lettuce And Balsalmic Vinaigrette Dressing
\$7.25

THE FELIX
Bonless buffalo chicken breast in our wing sauce ,monterey jack cheese,red onions,lettuce,tomato,avocado with our ranch dressing
\$8.49

YOUR STILL HERE
Chicken salad melted cheddar cheese,lettuce,tomato
\$7.59

THE GUADALUPE
Grilled Chicken Fresh Mozzarella And Sautéed Spinach,Peppers And Onions With A Balsalmic Vinaigrette Dressing
\$8.49

THE GRANT
Grilled roast beef,saute'ed onions,melted mozzaella cheese,lettuce,tomato,garlic with spicy ranch
\$7.99

THE FOXY FOX
Smoked Turkey Lettuce,Tomato,Bacon,Avocado and spicy ranch
\$8.49

THE CHRIS PAIN
Turkey burger melted monterey jack cheese,romaine lettuce,avocado (dont forget the avocado) with spicy mayo
\$6.99

Caesar Wrap
Grilled chicken breast,crispy romaine lettuce and shredded parmigiano cheese with our own caesar dressing
\$7.49

THE ALPPS
virginia ham,alpine lace swiss,lettuce,tomato,and spicy brown mustard
\$7.60

THE SHAPIRO
bread eggplant,turkey,lettuce,cole slaw with honey mustard
\$7.49

THE TUOZZO
Turkey american cheese,avocado,roasted peppers,lettuce and ranch
\$8.49

WHERES TOM
breaded chicken cutlets,sour cream,salsa,lettuce,peppers,onions with spicy ranch dressing
\$7.99

GREEK WRAP
Grilled chicken breast,feta cheese,romaine lettuce, peppers and onions and black olives with our greek dressing
\$7.99

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New Specialty Items

SPINACH SALAD

***Baby spinach leafs,bacon,red onoin,hard boiled
eggs,fresh mushrooms***

\$8.99

GYRO'S

***Chicken or beef with lettuce,tomatoes,red onions
with yogurt sauce on a pita***

\$6.99

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