

Wednesday October 17, 2018

John Moores Delicatessen and Caterers 678 Motor Parkway

Hauppauge Phone 631-234-7144/ Fax 631-234-3866

Johnmooresdeli.com

Hot Food

All platters are served with your choice of white rice, vegetable rice, brown rice, corn nibs, black beans, vegetables, or homemade mashed potatoes Served on a roll \$6.49 or a hero \$7.49 Served on a small platter \$6.99 and large platter \$8.25 without a side sm \$7.49 lg \$11.99 add a small tossed salad for \$3.49 with choice of dressing

BBQ PULLED A HEAD

Boneless Pulled Pork Cheddar Cheese Sautéed Onions, Garlic

Fresh Turkey in Gravy

All white meat, fresh turkey breast in homemade gravy

Chicken Francaise

chicken cutlets in a lemon wine sauce

Meatball Parmesan

Homemade meatballs in a tomato sauce with melted mozzarella cheese

Boneless Buffalo Chicken

Boneless white meat chicken in a spicy wing sauce

Chicken Parmesan

Chicken cutlets in a homemade red tomato sauce with mozzarella cheese

Grilled Herb Chicken

Grilled chicken in our own homemade balsamic herb sauce

Soups of the Day

**Beef Barley Or Beef Barley With
Noodles**

Chicken Noodle, Rice or Vegetable
\$2.99 \$3.79

Homemade Beef or Chicken Chili
\$3.99 \$4.99

**RICE, CHOCOLATE, VANILLA
PUDDING**
\$3.99

**SPINACH WITH PEPPERS RED
ONIONS DRIED CRANBERRIES
AND GRILLED CHICKEN IN A
BALSALMIC AND ITALIAN
DRESSING**
\$8.50lb

On Menu Everyday

Chicken or steak Quesadillas
**Grilled chicken or Steak (choice of blackened, jerk
or herb) with peppers, onions, Monterey jack
cheese and cheddar cheese salsa and sour cream
on side**
\$8.99

**10-STEAMED KUNG Pao
CHICKEN OR PORK DUMPLINGS**
\$7.99 (SHRIMP \$9.49) with teriyaki or
general Tso sauce

GYRO'S
**Chicken or beef with lettuce, tomatoes, red onions
with yogurt sauce on a pita**
\$8.99

We specialize in catering for all occasions

Wraps of the Day

MY BROTHER REUBEN

Chickrn cutlet,swiss cheese,cole slaw,russian dressing
\$8.49

I LEFT YOU A TICKET!!

honey maple turkey,alpine lace swiss cheese,lettuce,tomato and spicy ranch
\$8.49

MY FAVORITE

Eggplant breaded ,fresh mozzarella,Roasted Red Peppers,Romaine Lettuce And Balsalmic Vinaigrette Dressing
\$7.99

THE FELIX

Bonless buffalo chicken breast in our wing sauce ,montery jack cheese,red onions,lettuce,tomato,avocado with our ranch dressing
\$8.99

YOUR STILL HERE

Chicken salad melted cheddar cheese,lettuce,tomato
\$7.99

THE GUADALUPE

Grilled Chicken Fresh Mozzarella And Sautéed Spinach,Peppers And Onions With A Balsalmic Vinaigrette Dressing
\$8.99

THE GRANT

Grilled roast beef,saute'ed onions,melted mozzaella cheese,lettuce,tomato,garlic with spicy ranch
\$8.49

THE FOXY FOX

Smoked Turkey Lettuce,Tomato,Bacon,Avocado and spicy ranch
\$8.49

THE CHRIS PAIN

Our Homemade Chicken burger melted monterey jack cheese,romaine lettuce,avocado (dont forget the avocado) with spicy mayo
\$7.99

Caesar Wrap

Grilled chicken breast,crispy romaine lettuce and shredded parmigiano cheese with our own caesar dressing
\$7.99

THE ALPPS

virginia ham,alpine lace swiss,lettuce,tomato,and spicy brown mustard
\$7.99

THE SHAPIRO

bread eggplant,turkey,lettuce,cole slaw with honey mustard
\$7.99

THE TUOZZO

Turkey american cheese,avocado,roasted peppers,lettuce and ranch
\$8.49

WHERE'S TOM

breaded chicken cutlets,sour cream,salsa,lettuce,peppers,onions with spicy ranch dressing
\$8.49

GREEK WRAP

Grilled chicken breast,feta cheese,romaine lettuce, peppers and onions and black olives with our greek dressing
\$8.49

SHE'S OUTSIDE

Honey maple turkey,cheddar cheese,lettuce,tomato,bacon,avocado with spicy ranch dressing
\$8.99

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New Specialty Items

*Veggie burger or Chicken Burger
burger served on a whole wheat roll with
lettuce, tomato, onions*

\$6.99

SPINACH SALAD

***Baby spinach leaves, bacon, red onion, hard boiled
eggs, fresh mushrooms***

\$9.99

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